Innovative Practices to Reduce Women’s Involvement in Local Jails

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National Resource Center on Justice Involved Women
A project of the Bureau of Justice Assistance and the National Institute of Corrections
Welcome

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- During the presentation, all phones will be muted.
- Use the chat box to type in questions or comments.
- A recording of the session and the PowerPoint presentation will be available at [www.cjinvolvedwomen.org](http://www.cjinvolvedwomen.org).
- Complete the brief survey at the end of the webinar.

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Polling Question: Who’s Participating Today?

- Community Corrections
- Courts
- Educators/Researchers
- Jails/Prisons
- Law Enforcement
- Medical/Mental Health
- Pretrial
- Treatment Providers
- Victim Advocates

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National Resource Center on Justice Involved Women (NRCJ IW)

- Funded by the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance in partnership with the National Institute of Corrections.

- **Primary Goal:** Provide resources and tools to professionals to equip them to be more successful in their work with justice-involved women.

- Administered by the Center for Effective Public Policy in partnership with Orbis Partners, University of Cincinnati, Women’s Prison Association, CORE Associates, The Moss Group and SAMHSA’s National Center on Trauma-Informed Care.

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NRCJ IW Strategies

- Web site: www.cjinvolvedwomen.org
  - Resources
  - Innovator Series
  - Newsletter
  - Mailing List

- Training events and webinars

- Technical assistance

- Development and Dissemination of Written Resources
  - Jail Tip Sheets
  - Communications Toolkit
  - Trauma–Informed Care for Corrections Professionals
  - A Consumer’s Guide to Understanding Research
  - Reentry Considerations for Women
  - Important Lessons Learned about Building Effective Community/Corrections Partnerships
Today’s Objectives

- Highlight key issues regarding women in local jails
- Discuss the importance of being intentional when working with women
- Provide information about successful strategies for working with women that produce better outcomes (lower recidivism, reduced crime, facility safety)
- Learn about some innovative programs that have been implemented at the local level
**Presenters**

**Becky Ney**, Director, NRCJIW  
Principal, The Center for Effective Public Policy

**Dawn Noggle**, Mental Health Director, Maricopa County, AZ Correctional Health Services

**Melissa Pierson**, Deputy Director of Justice Services, Franklin County, OH Office of Justice Policy and Programs

**Anne Patterson**, Division Director, STEPS to End Family Violence, New York NY

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Women in Jails

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Polling Slide

How many women are currently in local jails nationally?

- Less than 50,000
- 50,000-150,000
- 150,000-300,000
- More than 300,000
The number of women in jails is increasing at an alarming rate

- From 2000-2015 alone, the percentage of women in jails increased from 11% to more than 14% of total jail populations
  - A 50% greater growth than for men
- There are now about **110,000 women in jails** nationally – and the greatest growth has been in smaller/rural jails

“...In 1970, almost three-quarters of counties held not a single woman in jail...”

BJS, Jail Inmates 2015; Swavola, Riley, and Subramanian, Vera Institute of Justice (2016)
More women are jailed in Texas, even though arrests have dropped. Why?

**REPORT: Women Are Landing in Local Jails At An Alarming Rate**

Kentucky jails women at nearly twice national rate

Halve female prisoner numbers, says minister Simon Hughes

The costs of overly involving women in the criminal justice system are simply too high

Number of women in jail on the rise

Number of Women in Jail Has Grown Far Faster Than That of Men

How American women are left to rot in jail

Pregnant and behind bars
Discussion Question

What do you know about the women in your local jail facility?

Write your answers in the chat box

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Who are the Women in Jails?

- Disproportionately women of color
- Poor/low income/unemployed
- Mental health and substance abuse issues
- Mothers
  - 80% of women in jails are mothers; most are single parents
- Arrested/charged with nonviolent crimes
  - Largely drug and property crimes
- Largely low risk
- Significant histories of abuse and trauma

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The Problem

- Women have historically been a very small part of the jail population and easily ignored.
- Jails are not equipped to manage the increasing number of women.
  - Polices and practices largely designed for men.
  - Staff largely not educated/trained to work with women.
  - Jail environments as currently constructed often serve as triggers for women’s trauma and abuse.
- Gender responsive and trauma-informed approaches have not been fully embraced.
What can we do?

- Implement gender responsive and trauma informed approaches including:
  - Review policies and protocols
  - Train and educate staff
  - Implement GR classification and assessment tools
  - Assess the culture
  - Implement GR and TIC programming
  - Assure a seamless handoff to the community

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Where can we do it? Key Decision Points

- Arrest
- Pretrial Status
- Diversion/Deferred Prosecution
- Jail Intake, Processing and Programming
- Charging/Pleas
- Sentencing
- Jail Transition and Reentry
- Community Intervention
- Supervision and Violation Response
Remember to be intentional!

What does this mean?

- Be evidence-based, gender responsive and trauma informed
- Review policies and protocols
- Examine opportunities to create a positive jail environment
- Train and educate staff
- Listen to the women
Jails: Being Strategic for Women
Integration Improves the Odds

Dawn Noggle, Mental Health Director
Maricopa County Correctional Health Services
Begin: Weaving Necessity with Innovation

- **Intake Health Screening and Assessment:**
  - Pregnancy, Mental Health, Substance Use/OUD-MAT, Recidivism Risk, Ethnicity, Homelessness, Gender Identification and Sexual Orientation, Veteran Status

- **Trauma Informed Care: Safety Planning**
  - Health and Jail Staff as Partners

- **Continuing Care, Initiate Care and Transition Care**

- And.. While you are at it: **Gather your data**
  - demographics; baselines
Making Change from Wherever You Are: Earning a Place at the Table

- **Build Credibility and Add Value**
  - Understand the needs of the jail
  - **Know and engage the community behavioral and social support system**
  - Understand the larger context (budgets, politics, community resources and perception)
  - Offer what you can bring (Expand Community Partnerships – it’s needed!)
  - Create inclusive workgroups to promote greater community stakeholder involvement Smart Justice efforts

- **Find Allies and Link to Existing Efforts**

- **Understand that Starting with an Overall Population Focus Includes Women**

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Demonstrating Need and Value for Focus on Women

Estrella Jail
AVERAGE DAILY POPULATION

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Building the Case: Keeping Women in Focus Inside and Outside

- Getting the Right People to the Right Tables
- Evidence based SMART Justice Framework and mission:
  - Maricopa County: To make the best use of county resources to improve public safety and reduce recidivism
  - Data Driven & Evidence Based Programs and Initiatives
  - Measure Outcomes
- Keep justice involved women as a critical component in all aspects
A SMART Framework

Transition from Jail to Community

System Elements:
- Leadership, vision, and organizational culture
- Collaborative structure and joint ownership
- Data-driven understanding of local reentry
- Targeted intervention strategies
- Self-evaluation and sustainability

Intervention Elements:
- Screening & Assessment
- Transition Plan
- Targeted Interventions
- Information & referrals
- Case management
- Formal services
- Informal support systems
- Supervision

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A SMART Framework (continued)

Risk-Needs-Responsivity Principle (RNR)

RNR was developed in the 1980s by Bonta and Andrews.

Three principles of the RNR model:

**RISK** – WHO should be treated

**NEEDS** – WHAT should be treated

**RESPONSIVITY** – HOW to provide treatment and HOW MUCH treatment to provide.
The Right People at the Table

Sheriff’s Office and Correctional Health Service

Adult Probation Department

County Manager’s Office, Board of Supervisors

Judicial Branch, Public Defender’s Office

Justice System Planning and Information

Human Services Department

Regional Behavioral Health Authority
The Right People at the Table: Community Partners and Stepping Up

- Community Care System: Regional Behavioral Health Authority
- Developing “Warm Hand” Off Process (starting with women)
- Development of FACT Teams (Mercy Maricopa Integrated Care– awarded best practice)
- Criminal Justice Engagement Team– breaking barriers for peers (e.g. with CJ hx)
  - Early diversion
  - Agencies with women staff
- Human Services Department:
  - Work Force Development
- Housing
- Developing a Brand: Hand in Hand for Familiar Faces

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Program Development: Mosaic a Phoenix Bird!

Begin with women, modify from there!

Evidence-based 7 week intensive treatment (SUD/moderate-high recidivism risk)

- Mindfulness
- “New Freedom” Community Partners/Transition Planning
- “Parenting Inside Out”
- “START NOW”
- Trauma and Resilience (CPT model)

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Helping individuals put the pieces back together
Next Steps

- Women as Partners in Development
  - Fishbowl with Mosaic women

- Strengthen/Expand Community Partnerships
  - Pathfinders
  - Promote data sharing and community connections
  - Develop relationship with DV/IPV community providers

- Track and Share Progress
  - Align city, county, state initiatives (Smart Justice, Stepping Up, and Fair Justice, Ending Homelessness, etc.)
Anne Patterson, Director
STEPS to End Family Violence
If not Diversion, then Constant Care
The Work of STEPS

- Mainstream **anti-IPV** org
- **Anti-oppressive** and **trauma-informed**
- Equal focus on **prevention** and **healing**
- Support **survivors** and **children** impacted by abusive partner behavior
- Explicit commitment to supporting **invisibilized** **survivors**
Supporting Criminalized Survivors

- Attempt to connect with survivors shortly after their arrest
- Work in partnership with other orgs to divert survivors off of Rikers as soon as possible
- Provide consistent support while in jail
Activities of our Work

- Emotional support
- **Dynamic** group work including the use of **evidence-based** curriculum
- **Intensive** legal advocacy
- Court presence
- **Joyful** celebrations
- Opportunities for **organizing** and **activism**

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Guiding Principles

- Grounded in revolutionary love
- Centered on the inherent wisdom of survivors
- Focused on the entwined narratives of trauma and resilience
- In celebration of all forms of healing
- Committed to activism

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Replicating this Work

- Create an **authentic** relationship between the local jail and the local anti-IPV org
- Give anti-IPV advocates **access** to space and/or general jail access
- Respect the **confidentiality** of the advocate/survivor relationship
- Evaluate the impact that advocate work has on **survivor/inmate wellness/behavior**
Melissa Pierson, Deputy Director
Justice Services
Overview

Pathways Target Population

• Females assessed as medium to high risk
• Diagnosed with a mental health and/or co-occurring disorder
• Multiple arrests within the last three years
• Majority under no form of supervision nor engaged with a specialty docket
• Voluntary
Pathways Program Elements

- Eight Week Pre-Release Program:
  Tuesday, Thursday, Friday
  12:00–2:00 PM

- Assessment: Ohio Risk Assessment System

- CBT Curriculum: *Getting It Right*

- Transition Planning, AOD and MH Linkage and Referral

- Pro Social Activities: Yoga, Art Expression, Speaker Panels, Post Release Alumni Group

- Medication Assisted Therapy

- Linkage with CIT & Certified Peer Specialist

- Post Release: Case Management, Transportation Assistance
Pathways to Women’s Healthy Living

- Cohorts 1 – 3 Recidivism Study
- Includes first three cohorts of Pathways graduates (total of 7 cohorts have graduated)
- >12 months post program participation
- Sample = 25 graduates of pre-release program
- Program Requirement: ORAS Score Medium or High Risk
- Program Requirement: Significant history of previous justice involvement
- Program Requirement: MH and/or co-occurring disorder diagnosis

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Graduates Re-Arrested 5 of 25 or 20%
Convictions 4

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Where the Rubber Meets the Road - Challenges for Franklin County

- Information sharing
- Jails are a churning environment; Release dates are usually tentative.
- Jail space not conducive to programming
- Buy in from corrections staff
- Recidivism tracking difficult due to ancient jail information system
- Targeted population not reflective of jail demographics
- Access to Naloxone
- Nature of recovery and how we define success

- Limited sober housing options
- Availability of LE for CIT linkage

Before

After

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Importance of Imagery and Marketing

NEW MARKETING FLYER

ARE YOU TIRED OF FREQUENTLY RETURNING TO JAIL?

JOIN WITH US 3X PER WEEK ON TUESDAYS, THURSDAYS, AND FRIDAYS, NOON – 2PM FOR

PATHWAYS to WOMEN’S HEALTHY LIVING

OLD MARKETING FLYER

PATHWAYS TO WOMEN’S HEALTHY LIVING
4th Cohort

Living Healthy, Enjoying Life & Accepting Responsibly
Weekly group sessions Tuesday & Thursday 12-2:00 PM
8 week program
If interested in participating – send a call card to social services

Eligibility Requirements:
- Repeat offender- multiple arrests
- Non-violent misdemeanor or felony offense
- Have at least 60-90 days remaining on sentence or court date
- Remain within Franklin County upon release
- Have limited disciplinary violations
- Must be able to complete the program January 10- March 2, 2017

“Hardships often prepare ordinary people for an extraordinary destiny” CS Lewis

LONG-TERM SOBRIETY
RECONNECT WITH FAMILY
FIND SUPPORT AND FRIENDS

YOU QUALIFY IF:
- Female, age 18 or older
- Multiple arrests
- Serious about not returning to jail
- Not currently in for violent crime
- Willingness to participate and commit to multi-week program
- Have at least 30 days left at FCCII
- No keep separates last 30 days

CLASSES BEGIN JAN 9, NOON – 2PM
SUBMIT CALL CARD TO SOCIAL SERVICES BEFORE JAN 1, 2017

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Recipe for Success

- Right People at the Right Time
- Dedicated and committed staffing cannot be emphasized enough
- Council of State Governments allowed us to obtain prevalence numbers and assess needs
- Understand treatment and service capacity, and identify gaps
- Develop information sharing protocols between stakeholders
- Make a plan with measurable outcomes
- Implement research-based approaches
- Track progress and monitor impact

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Reentry

COMMISSIONER’S CHALLENGE

Hire At Least One (or One More) Justice-Involved Resident

Commit to making a difference for your business and your community. Sign the pledge below and join the Commissioner’s Challenge.

My company and I are committed to meaningful opportunities for second chances for men and women with a criminal record. We understand the necessity of allowing space for all willing and qualified persons to participate in the economy, to have the self-respect and self-worth that comes with meaningful employment, and to enhance the quality of life for people, families, and communities.

Therefore, we pledge to hire at least one (or one more) justice-involved resident no later than October 2018.
Tracking our Progress to Meet the Stepping Up Challenge

- Reduce the average jail population by 30% by 2020
- Reduce the length of stay disparity between those with and without a mental health disorder by 50% by 2020
- Implement reentry planning for 100% of participating inmates by 2020.

https://commissioners.franklincountyohio.gov/stepping-up/
Meeting the Stepping Up Challenge LOCALLY in 2018

- Increased Crisis Intervention Training
- Comprehensive Case Management for Frequent Users – "No More Murrays"
- Data Driven Justice Initiative
- Pretrial Diversion and Bail Reform
- Long Acting Injectables
- Sequential Intercept Mapping
- Honor Dorm with Therapeutic Community

“Million Dollar Murray”
https://www.newyorker.com/magazine/2006/02/13/million-dollar-murray
Questions?

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Thank you!

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- Please complete the evaluation survey before you exit!
Contact Us for more Information

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